

**Categories:** Amanda

## **Triplets 3 year Dr. Checkup and more Disneyland today!!**

Boy was this a busy day!! Today the triplets had their 3 year check up with Dr. Gonzalez. I am happy to report no shots were required this visit.

Maryssa is slightly "toe in" which is like pigeon-toed. Dr. Gonzalez says they don't do braces anymore for that. She said it is usually corrected by therapy or surgery. We have a referral for Maryssa to see an orthopedic.

Maryssa also has a large freckle spot above her right ear. The dr. says it is a little birth mark. I asked if she thought it was cancerous and she said no.

Miranda has learned to make her eyes go cross-eyed. Now sometimes when she does it her right eye will stick in the cross-eyed position.... the little stinker!! Miranda has a referral to see a Pediatric Ophthalmologist (Dr. Fierson) for this.

Amanda may have astigmatism. Dr. Gonzalez wants her to see a Pediatric Ophthalmologist also (Dr. Fierson) If she does have this, she inherited from me. I hope not though...

The triplets are in overall good health and no one is considered over weight or underweight.

Here are their stats:

Amanda is 31-1/4 pounds and 38-1/4 inches tall. She is tallest.

Miranda is 34-1/4 pounds and 38 inches tall. She is heaviest.

Maryssa is 28-1/4 pounds and 36-1/4 inches tall. She is smallest

After the dr appointments, I had my dental check up and cleaning. I am thrilled to say no cavities - yipee!!

At 3:30pm we ventured out to Disneyland. We just can't get enough of the place I guess. We went to California Adventure and watched the Electric Parade. It was just beautiful and amazing as ever!!

Then I took them shopping and got them some fun Disney trinkets.

Good Night Mickey Mouse!!

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