**Categories:** Mom's Corner

# Poop Talk - Working on Potty Training

I decided when the triplets approach the age of 2 that I would begin introducing them to the potty chair and the idea of potty training. So, I got out 3 high chairs and set them up in the bathrooms. One is in our master bedroom in case any of the girls want to venture with me and sit on the potty and watch while Cliff or I go to the bathroom. The other 2 potty chairs are in their bathroom.

Miranda is showing the most interest and sits on the potty chair (with her diaper on). BUT can I spell the word S.M.E.A.R ??? Miranda is doing it. She will go into her diaper and paint herself AND her sisters with poop and then it gets all over the double bed that they all share. The triplets love to sleep together in their bed but if this goes on for a while I am going to split them up. I just can't take this.

This is what I have been doing. Every time Miranda does this, I tell her I am going to give her a cold shower (water not quite luke warm but enough to make her uncomfortable). She has already gotten 2 cold showers with her poop episodes in the past 2 weeks and we have only had one minor poop incident since in about a week's time now. I think it has really helped. All I have to say is don't touch your poop or you will get a cold shower and she understands. I figure, it can't hurt. I have to clean the poop off of her anyway, this is a safe way to teach them not to play with their poop. I am not into spanking or yelling so this works pretty good.

As for the poopified bedding, I got a good idea from one friends by putting 2-3 sets of layered sheets and mattress liners that way you can quickly tear off the 1st layer of soiled sheets and liner and you have a new set ready to go. I keep a towel at the foot of the triplets bed in case there is a poop incident I can quickly wipe any of the girls and the walls if she touched them.

I am embarrassed to metion that today Miranda had a huge poop and her butt was itching from the poop on her skin. I was trying to change her diaper and she had a little poop on her hand and touched my cheek and mouth with it not realizing she was putting poop on my face. I almost barfed. I HATE POOP!!

I remember when Savvy was smearing the poop it was during potty training (it took me 8 months to potty train her for many reasons). I have the potty chairs out and am beginning to introduce the triplets to the potty chairs. I think it is making Miranda aware of poop and pee just like Savvy when she was potty training. I guess Sisters think alike, huh?

Sorry so long but I can go on about poop for days!! LOL!!

**Date:** 11-08-2008