Categories: Mom's Corner

More ugliness...

So I thought I was out of the woods...I was so wrong!! At about 1:30pm today, after I picked up Savannah from school, that same pain was coming back. Oh crap!!

I drove home and tried laying down. The waves of pain were coming on like a vengeance. At about 4pm I drove to Urgent Care. They gave me a warm pack to put on my lower back. It helped, I think... They had me waiting for over an hour and a half. I left being very frustrated and not having any medical attention because there were some other cases that were pretty serious with lacerations that needed to be stitched which I totally understand.

So the pain was subsiding so I thought, maybe I finally passed it. After being home for about 1-1/2 hours, the pain was cranking up again. I put a warm pack on my lower back and it sent me into serious convlustions of pain. I was screaming. I had to drive myself to ER while Cliff stayed home and watched the kids. I had no other choice...no family here to help and all of my friends have kids and are unable to help me.

I checked in with ER and got in a room in about 1/2-+45 minutes. They ordered an u/s, had me do a urinalysis and drew some blood. The dr. thought it might be galls stones or kidney stones or even appendicitis. The u/s and tests would tell us what is going on hopefully. Tests showed that I have traces of blood in my urine. Ultrasound showed that I have urine back up into my kidney, but we couldn't see a kidney stone which meant that there was not a kidney stone so enlarged that it was dislodged in my uretha and kidney...which is a good thing. I also have an enlarged spleen (not sure if that is bad or what) and fatty deposits in my liver (mild case of fatty liver). They told me that the fatty liver can be resolved by simply eating better, losing weight and doing exercise. Also, drinking a 1/4 of lemon juice a day is good for kidneys, gall bladder, and liver. So I will begin doing that as well as living a healthier lifestyle.

The pain subsided since 9:00pm and no more pain. They gave me a special screen to pee through to try to catch the stone. I got home from the ER at about 2am and fell asleep at about 3am. Long night...

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