Categories: Mom's Corner

Miranda had the Croupe last night

I tell you last night was one scary night!!

I was awakened to hear a deep barking sound, like a seal. I went into the Triplets room and saw Miranda sitting up gasping for breath. I was so worried for her.

I immediately got Cliff and he and I sat together with her on the den couch while I set up a breathing treatment for Miranda. We have a nebulizer for the girls whenever they have any breathing problems. I put Albuterol and Pulmicort in the nebulizer. Then a mask goes over her face and she breathes in the misty air that is mixed with Albuterol and Pulmicort.

She struggled to breathe, the poor baby. I read online that when a baby has croup you need to take them outside in the cool air or run the shower, let the room fill with steam and sit in the room with the child. The cool, moist air helps soothe the breathing passages. Croup is caused by swollen and irritate air passages and it makes it very painful and difficult for the child to breathe which is what causes the deep, barking sound.

Miranda also had a fever of 103/5. Cliff gave her some Tylenol and had her rest on his shoulder all night to help her breathe easier. He let me get some sleep. What a great husband I have!! xoxoxo

All of the girls have been passing this respitory virus around to each other. Amanda got it first. It lasts about 10 days. Amanda and Savannah both threw up because of the large amount of mucus this virus causes!! Maryssa has the deep cough.

I am so sick of the sickies!!!

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