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Maryssa saw the orthopedic doctor

Maryssa is pigeon toed. Her pediatrician referred her to an orthopedic doctor. We met with him today.

He evaulated her and said her knees and ankles are straight and the hps are causing the legs to move inward causing the pigeon toe. He said that babies that are born from a mutliple birth can result in hip displasia. Hip displasia is when then hips form outside of the sockets and require surgery to correct. He took Xrays to check her hips. Thank goodness the Xrays showed no hip displasia.

He said in the old days they used to use braces and special inserts in the shoes. They have done studies which show that they braces and special shoes don't help. So no braces or special shoes for Maryssa. He said she will hopefully grow out of it but if she is still pigeon toed she will learn to acclimate herself to it.

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